

LBRIS

We know
books

M.C. SIMON

**HOW TO REACH YOUR
WRITING GOALS LIKE A PRO**

*A Step by Step Guide to becoming
a Self-Published Author*



Editura QUARTO

București, 2021

TABLE OF CONTENTS

Introduction:	What's inside it for You?	13
	What will this book offer you?	14
	Why should you consider writing a book?	16
Chapter 1:	The Step by Step Guide to reach Your Writing Goals... even Mark Twain talked about	23
Chapter 2:	Step 1 - Declutter Your Mind	27
Chapter 3:	Step 2 - Analyze the Phase You are in Now	33
Chapter 4:	Step 3 - Analyze what a Successful Career Means to You	37
Chapter 5:	Step 4 - Sit Down and... Relax	43
Chapter 6:	Step 5 - Set Your Goals and Motivation	63
Chapter 7:	Step 6 - Make the Action Plan to Balance all Your Goals	75
Chapter 8:	Step 7 - You are a Winner! Now... Start!	85
Chapter 9:	Goals in a Nutshell	91

LRDIS

We know
books

Chapter 10:	The 50 Steps - A detailed Action Plan for Writing a Non-Fiction Book	101
	10.1 - Before Writing the Book	105
	10.2 - The Book Writing Process	111
	10.3 - After Writing the Book and Before the Publishing Phase	123
	10.4 - After Publishing the Book	138
	10.5 - Additional Steps that are not Mandatory but Recommended after Publishing	145
Chapter 11:	The Final Chapter and a Special Acknowledgment	155
	Mark Twain's quotes, used in this book	157
About the author		163
A Thank You and an invitation		169



***A Step by Step Guide
to becoming a Self-Published Author
[even Mark Twain talked about]***



**CHAPTER 1:
THE STEP BY STEP GUIDE TO REACH
YOUR WRITING GOALS
...EVEN MARK TWAIN TALKED ABOUT**

If you are reading these words, chances are, you haven't exactly fulfilled all your writing projects. Therefore, this book is for you.

In the case that you have already seen all your writing dreams come true, it means that you are here to check whether other writers have found the secret steps to success like you did. Therefore, this book is also for you.

A long time ago Mark Twain said, “**The secret of getting ahead is getting started.**” According to some sources, he also said, “**The secret of getting started is breaking your complex overwhelming tasks into small manageable tasks and then starting on the first one.**” I have some personal doubts about the last quote’s attribution. However, not being able to prove my opinion, I can only state that no matter who said it first, he/she did a good job.

This book addresses the writers who want to make a living from their writing. Wanting to make a living from something, it means you must seriously look into that “thing.” Being that your life is involved, thereby your happiness, you must properly plan everything, manage and fulfill your writing projects.

To make your project management process easier, I propose to you a detailed **step by step guide** that incorporates psychological, project management and meditational elements.

In a nutshell... it’s a 7 step guide that will activate your body, mind, and soul.

Whether you follow it or not, this is up to you, but...

you should take it into consideration because... even Mark Twain talked about it. :)

“All you need in this life is ignorance and confidence, and then Success is sure.” ~ Mark Twain

So... don’t be worried that you don’t know what and how to do everything. Follow this guide with confidence and enjoy your success!

THE 7 STEPS TO REACH YOUR WRITING GOALS

1. Declutter your mind
2. Analyze the phase where you are at now
3. Analyze what a successful writing career means to you
4. Sit down and relax
5. Set your goals and motivation
6. Make the action plan to balance all your goals
7. You are a Winner! Now... START!

Each step will be developed in the further chapters. This

book is for YOU, and you'll get it ALL.

But before starting to describe each of them, I want to let you in on a secret that you should know.

You have a dream, and each dream has several paths to its fulfillment. This book will show you how to choose from those numerous paths, the one that your heart likes the most. The secret is that once you choose the path, you should not leave it. If you stick to your chosen path, no matter what happens along the way, you will eventually reach your target. This is the key that will unlock any gate for you, and the success will become your best friend.



CHAPTER 2: STEP 1 – DECLUTTER YOUR MIND

OK. Let's get started!

No matter what your goal is, no matter how easy or hard you may think it is to attain, the first step that you must take is to declutter your mind.

One of the reasons for which you still haven't reached your writing goals, is the fact that all of what you've learned and heard about publishing your book or about becoming a successful writer, were implemented ideas that are now blocking their fulfillment inside you.

“I have spent most of my time worrying about things that have never happened.” ~ Mark Twain.

For this reason, it's a great decision to first unlearn what you have learned.

Why do you need to do this? Let me briefly explain.

During our life, we've been brainwashed to think that certain goals are impossible to attain. I am telling you that this is one of the biggest lies that we encounter in our lives.

If you are serious about your dreams, if you really wish with all your heart to materialize your dreams, nothing... and I mean nothing can stand in your way. All you have to do is to get rid of all the garbage that was inoculated in your beliefs. Do it and don't lose time finding out who put it in your mind, why this was done, and most of all don't blame the ones who taught you those things. They were themselves taught by others and maybe they were well intentioned when they did it. It could have just been because they thought that that was the ultimate truth. No matter what, this is not your problem but theirs. They were wrong, and you just started on the road to prove it to the whole world.

Everything is possible if you really want something. This book will provide you the steps for checking if a goal is chosen by your heart, your mind or by both of them.

Start doing this first step and free yourself from the chains that lock your beliefs, the chains that step by step took control over your mind. Free yourself from the clutter that blocks your trust and self-confidence. Doing this, you will melt the invisible and yet powerful walls that you had built, and which obstructed your writing creativity and freedom.

When I say to free yourself, I mean it. It's not the same thing as saying to change you. Nothing inside your being will be changed, but contrary. You will cut the chains that transformed you into a manipulated slave. And by cutting them you will succeed to set free the Real You, the You who can touch the skies; the One who through his written words can help this world become better.

Don't expect the change to occur instantly. When you finally decide to start uncluttering your mind from the entire negative thinking that ruled over your life for so many years, in fact, you will start a gradual process. In the beginning, you may not notice any changes but... being

LIBRIS | We know books

persistent... when the perfect moment arises, you will suddenly start to see that anything is possible if you really believe that it is.

Ok, I am sure that you got my point until now. In a nutshell, to declutter your mind, you can start by decluttering any beliefs that start with, "I can't do it", "It's not possible" or "It's too hard for me to do it." Believe me! Nothing is too hard for you to do if you really want to do it. Anything is possible if your heart and mind really wish for it and most of all... YOU can do it!

If you find difficulty with decluttering, you can make a daily program for repeating out loud to yourself, "I am perfectly able to fulfill my goals", or you can choose any other mantra that is of your liking.

A cluttered mind becomes a stubborn beast and takes control over your life. It would be great if the control would be constructive, but it is, in fact, a strong blockage for your potential. Think about it... who would ever want to place chains over his potential?

Of course, no one asks you to drastically change all your beliefs; no one will claim that the gravitational acceleration is no longer affecting our lives. :) But you have to get rid of

the ideas that there are goals that you can't reach if you really need and want them to be fulfilled.

We are living in times when even a person who lost his legs can dream that he wants to run a race. If he really wants to do it, there are ways of reaching this goal also.

Replace any negative thoughts with positive ones and try to use your Ego as a friend, not as your enemy. Even if your goals seem at one moment in time to be impossible to fulfill, ask yourself, "What IF... it's possible?"

Questions of the "what if" type, will start a process inside you in which your ego will want to prove that you are perfectly capable of doing it and that you are the best. We all have this notion inside us and think that we are the best... therefore, handle your ego and it will be your best ally.

This, together with a good plan that will be described throughout the following chapters, you will succeed to make it happen.